



**TIMETABLE – EFFECTIVE 1 OCTOBER 2017**

	MON	TUE	WED	THUR	FRI	SAT	SUN
6:15AM	PB60	PAL60	PB60	PAL60	PAL60		
7:30AM	PAL60	PR60	PAL60	PAL60	PB60	PAL60	
8:30AM							PB60 Contribution Class
9:00AM						BY90	
9:30AM	PAL90	PB60	PAL90	PB60	PAL60		
10:00AM							PAL60
12:10PM	PB50	PAL50	PB50	PAL50	PB50		
3:00PM						PR60	PAL60
4:00PM	PB60		PB60		PR60		
4:30PM		PAL60		PAL60		PAL60	PR60
5:30PM	PAL60		PAL60		PG60		
6:00PM		PAL90		PAL90			
7:00PM	PR60		PR60				

**FORTY FANTASTIC CLASSES TO CHOOSE FROM**

**BE THE CHANGE YOU WANT TO SEE IN YOUR LIFE – JOIN APOLLO POWER YOGA TODAY!**

\* Entry to this class is by donation of \$5 (or more). The proceeds go to Africa Yoga Project ([www.africayogaproject.org](http://www.africayogaproject.org))